



United States Tai Chi Community

USTCC.ORG

Create your own book club

The United States Tai Chi Community has a Tai Chi Book Club offered to members as an opportunity to get together and enjoy in-depth discussions about selected books, works or articles. Topics will vary and cover a wide range of genres. We explore different subjects as they relate to Tai Chi.

These are books we have discussed throughout our book club and are now offering as references along with corresponding questions to our members. You can use them to create your own book clubs or as a reference for discussions within your classes.

We have provided the book information and the questions as a starting point.

- **Read a passage.**
- **Offer your own highlights.**
- **Have others offer theirs.**
- **Work in groups to bring topics of interest to the class/group.**
- **How have these topics enhanced your Tai Chi growth?**

Please share with us your experiences, highlights and thoughts as you grow within our Tai Chi Community.

Tag us on (insert Facebook, LinkedIn, Instagram links)